

**Santa Fe Equestars** is a  
Volunteer-Based Organization

Volunteers are the backbone of all therapeutic riding programs, including Santa Fe Equestars. Volunteers need not have horse knowledge. We train our volunteers in all aspects of the therapeutic riding process. Our volunteer opportunities include working with the horses and students, administrative office support, fundraising and special events. Without our devoted and dedicated volunteers, we would not be able to carry our vision and valuable services to the community.



If you would enjoy being involved in a fun, challenging and fulfilling opportunity, call us. Whatever your interest, we would like to encourage you to become part of our team as a volunteer or sponsor. Remember your donation is tax-deductible. Please visit onto our website for more information.

**Santa Fe Equestars**

100 South Polo Drive  
Santa Fe, NM 87507

phone: 505-424-9550

fax: 505-424-7500

email: [info@equestars.org](mailto:info@equestars.org)

[www.equestars.org](http://www.equestars.org)



**Santa Fe Equestars**

THERAPEUTIC RIDING

## Mission

Santa Fe Equestars is a 501 (c) 3 non-profit organization dedicated to providing the proven benefits of therapeutic riding and equine-related activities to those with special physical, emotional and cognitive needs in a safe, enjoyable and beautiful environment at the Santa Fe Horse Park.



## Student Scholarships

Santa Fe Equestars subsidizes the cost of each lesson. A scholarship program is available for qualified individuals. We depend on the generous support of our community to provide this service. If you would like to become a member of our giving community, please call us at 505-424-9550. Thank you for your interest.



## Benefits of Equine-Assisted Therapy

- ★ Unique educational and therapeutic sporting activity
- ★ Builds self-esteem, empathy and a sense of responsibility through the relationship with the horse
- ★ Improves posture, balance and muscle control because the rhythmic movement of the horse naturally simulates the way humans walk
- ★ Gives riders self-confidence that they take back into their world
- ★ Encourages a new visual perspective of independence



## Instruction Program

Students of all ages learn riding skills and all aspects of horse care. The ultimate goal for our students is to learn to ride as independently as possible and to gain self-confidence from their accomplishments. Our program is in compliance with the standards set forth by the North American Riding for the Handicapped Association, which also certifies our instructors.



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